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Los Cuatro Acuerdos: The Four Agreements, Spanish-Language Edition (Toltec Wisdom) (Spanish Edition)



Synopsis

Every action, says don Miguel Ruiz, is based on agreements people make - with other people, with God, with life. But the most important agreements are those people make with themselves. In these agreements they tell themselves who they are, how to behave, what is possible, what is impossible. One single agreement is not such a problem, but so many agreements come from fear, deplete energy, and diminish self-worth. In *The Four Agreements*, don Miguel reveals the source of self-limiting agreements that take away joy and create needless suffering. For those ready to change these agreements, there are four deceptively simple, yet powerful agreements that can be adopted as guiding principles: be impeccable with your word; don't take anything personally; don't make assumptions; and always do your best. These tenets can rapidly transform anyone's life to a new experience of freedom, true happiness, and love.

Book Information

Series: Toltec Wisdom

Audio CD

Publisher: Amber-Allen Publishing; Unabridged edition (March 10, 2005)

Language: Spanish

ISBN-10: 1878424971

ISBN-13: 978-1878424976

Product Dimensions: 5 x 5.6 x 0.4 inches

Shipping Weight: 3.2 ounces

Average Customer Review: 4.8 out of 5 stars 438 customer reviews

Best Sellers Rank: #1,131,977 in Books (See Top 100 in Books) #57 in [Books > Books on CD > Languages > Spanish](#) #587 in [Books > Religion & Spirituality > Other Religions, Practices & Sacred Texts > Tribal & Ethnic > Native American](#) #1008 in [Books > Books on CD > Nonfiction](#)

Customer Reviews

El libro de don Miguel Ruiz es un mapa hacia la iluminación y la libertad. --Deepak Chopra, autor de *Las siete leyes espirituales del Éxito* Un libro que inspira con sus muchas lecciones importantes. --Wayne Dyer, autor de *Verdadera magia* Siguiendo la tradición de Carlos Castaneda, Ruiz destila la esencia de la sabiduría tolteca. En un estilo claro e impecable explica la paradoja de que los hombres y las mujeres tienen que vivir como guerreros pacíficos en el mundo moderno. --Dan Millman, autor de *El camino del guerrero pacífico*

Text: Spanish (translation) Original Language: English

Excellent book. It is a book that you continue reading as a guide in your life. It helps us to be better from the inside out.

Wisdom and a different way of understanding life. I really enjoyed the way he talks about love.

Wonderful book. Highly recommended

These times it is easy to get lost in the ambition of success, get frustrated, disappointed and scared of what may lay ahead. That makes us lose focus on what's important and if not careful, you may end in a depression. I had read self help book, but nothing seemed to help until I found "Los cuatro acuerdos". Simple lessons that will help you get on track of what is truly important and how to accomplish the main goal, be happy again. There are the four agreements: 1. Be Impeccable With Your Word; 2. Don't Take Anything Personally; 3. Don't Make Assumptions; 4. Always do Your Best. Stop making impossible goals, it's time to change how you feel about yourself and let go of old habits that have misled you into this depression. FREE YOURSELF. Yes you can!

I liked this book. It showed me how to center myself.

El cuarto acuerdo es el que más me interesa y me llegó a mí, ya que a raíz de mi divorcio me volví insegura y protectora de mi familia, leer este acuerdo me ha ayudado muchísimo para darme cuenta de lo mal que reaccionaba al hacer suposiciones, de lo mucho que estaba sufriendo por ello desde hace 10 años que fue cuando me divorcí, hace poco inicié una relación y él me marcó fuertemente ese defecto, aun así no me percataba de la gravedad de mi comportamiento. Muchas gracias por su sabiduría y sobre todo de compartirla, gracias también a César Lozano por promover este libro en su programa de la estación de radio. Que Dios los Bendiga!

Excellent book. In my opinion everybody needs to read this book

excelente

Excellent

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